A YEAR IN REVIEW

Throughout the year, Algoma Family Services’ staff, students, volunteers and Board members continued to enhance mental health throughout our communities in the Algoma District. In addition to providing our core services through our many and varied programs that are funded by a multiple number of partners, this past year we received additional funding for the following:

- Algoma Family Services was successful in obtaining a multi-year grant for Youth Suicide Prevention Plan.

- Algoma Family Services continued to integrate Youth Engagement into the agency and the community by hiring a youth intern through a Northern Ontario Heritage Funding Corporation one-year grant.

- Algoma Family Services received funding to be designated as one of six Tele-Mental Health Service Coordination agencies across the province. The role is to facilitate all community mental health service providers’ with access to video-conferenced services.

- Algoma Family Services continued to provide support for the coordination for the delivery of Triple P throughout the District of Algoma. During the year, additional professionals from various agencies were trained to provide this parenting program.

- Algoma Family Services hosted an art exhibit and gala in honour of International Day for the Elimination of Violence against Women, which attracted over 100 people.

- The AFS Foundation provided funds so that Algoma Family Services could provide an Adventure Based Learning Summer Day Camp to children between the ages of nine to twelve.

Algoma Family Services would like to acknowledge all of the hard work and dedication of our staff, students and volunteers that goes into the delivery of our programs and services to our children, youth and families.

Thank you!
MISSION
“Promoting Healthy Minds for Strong Communities”

VISION
“Enhance mental health for all within strong, supportive communities”

VALUES
Respect - To honour the individuality of others by appreciating their strengths and needs; to be fair, sincere and compassionate
Innovation - To seek our creative ideas and adapt our thinking to changing needs
Excellence - To strive to be exceptional and set a positive example for others
Accountability - To be transparent and take responsibility for our decisions
Collaboration - To engage effectively, share decision-making and be a good partner

STRATEGIC PRIORITIES
Stakeholder Engagement - Key Stakeholders are identified and involved in relevant functions of the organization.
Service Excellence - Recognized universally as a creative leader and innovator.
Operational Excellence - An efficient, effective and economical organization.
Effective Governance - Working with the Board to ensure that the organization is effective, invested, progressive and fiscally responsible.
### PROGRAMS & SERVICES

#### CHILDREN’S MENTAL HEALTH SERVICES
- Intake Services
- Assessment and Consultation
- Therapeutic Child and Youth Groups
- Care and Treatment Programs
- Child and Youth Telepsychiatry
- Intensive Treatment Services
- Cognitive Therapy Clinic
- Brief Services
- 0 to 6 Clinical Services
- Crisis Follow-Up
- Rebound North

#### YOUTH JUSTICE
- Community Support Team
- Arson Prevention Program

#### YOUTH SUBSTANCE ABUSE AND MENTAL HEALTH PROGRAMS
- Alternatives for Youth
- Genesis Day Treatment Program
- School Based Supports
- Mental Health Workers for Students in Schools
- START Program
- Rebound North CHOICES Program

#### FAMILY VIOLENCE
- Freedom From Abuse
- Child Witness Program
- Partner Assault Response
- Male Survivor Group

#### COMMUNITY PARTNERSHIPS
- Student Nutrition Program
- Supervised Access Program
- Community Action Program for Children
- Canada Prenatal Nutrition Program
- Triple P (Positive Parenting Program)
- Mental Health First Aid
TELE-MENTAL HEALTH SERVICE COORDINATION AGENCY

Since 2001 Algoma Family Services has been providing access to video-conferenced child psychiatry consultation services through the Ontario Child and Youth Telepsychiatry Program funded by the Ministry of Child and Youth Services (MCYS). Due in part to the demands for this service in underserviced rural and remote parts of the province, MCYS has renamed this service as Tele-Mental Health Services and reorganized the service to include tele-mental health service coordination agencies across the province.

*Algoma Family Services has been designated as one of six TMH Service Coordination Agencies.*

The role of a Service Coordination Agency is to facilitate, for all community mental health service providers, access to video-conferenced services including: clinical consultations for individual children and youth and their families, professional-to-professional clinical consultations, program for consultations for agency teams, and educational seminars. As well, the role of a Service Coordination Agency is to outreach to more remote and underserviced areas in order to help build service capacity across the province.
DEVELOPING A COLLABORATIVE RESPONSE FOR THOSE AT RISK IN OUR COMMUNITIES

Along with our valued community partners, Algoma Family Services was successful in obtaining a multi-year grant from MCYS for the “Youth Suicide Prevention Plan: Funding for Communities”.

As a direct result of the initiatives taken with the assistance of this grant, over 150 staff from over 25 organizations have committed to learning how to work more collaboratively together to reduce risk (these organizations include First Nations, Indian Friendship Centre, Mental Health Centres, 3 different school boards inclusive of mental health leads, Hospitals, Youth Probation, Children’s Aid Society, Women Shelters and Crisis housing services, Victim Services, OPP, SSM City Police, Public Health, Community Mental Health Centres, Canadian Mental Health, Child and Youth Psychiatrists, Post-Secondary Institutions, Youth Justice, Community Living Algoma, Centre Victoria, Family Health Teams and others).

Separate collaborative response protocols are currently under development in East Algoma, North Algoma and Sault Ste. Marie to guide all community services in working together to reduce risk and provide the necessary supports where and when they are needed most.
Algoma Family Services has been integrating youth engagement into the agency and the community for a few years. This past year a Northern Ontario Heritage Funding Corporation grant permitted us to hire an intern to help shape Youth Engagement activities. A core group of youth and adult allies formed **YOUNION** which is a youth led group interested in reducing the stigma associated with mental illness.

This small but mighty group successfully mounted several activities in their campaign to enhance awareness of positive mental health and community resources to support positive mental health: **Public Presentations** were given by the youth to peers at local high schools and **Interactive Displays** with onsite bulletin boards, computer screens and Twitter feeds were used at local high schools and in the Station Mall.

Additionally, **YOUNION** has been hard at work fundraising to support their activities, which includes attending an annual youth leadership conference “Disable the Label” hosted by Children’s Mental Health Ontario’s New Mentality Initiative.

Fundraising activities included: **Blue Monday** promotions, **Bake Sales** in the high schools and at Algoma Family Services, and forming the **Lemonade Brigade** where YOUNION sells homemade lemonade at the local farmer’s market on Saturdays. The “cherry on top” were successful grant applications to the Ontario Centre of Excellence Dare-to-Dream program and the Algoma Family Services Foundation.
TRIPLE P

In 2013/2014 over 1000 parents were involved in Triple P Positive Parenting programs throughout the District of Algoma. AFS staff represents 35 of the approximately 180 professionals who are trained to provide this parenting program.

Parents who have participated in the program report that small changes in how they communicate with their children have resulted in big differences. Parents feel much more able to manage behaviours at home. One couple reported, “it [Triple P] started working the very first day we used it”. Another mom who took the program a year ago says that she still recommends Triple P to all her friends who are parents.

As a key member of the Algoma Triple P Steering Committee, AFS provides support for the coordination for the delivery of Triple throughout the District. In the past year, online registration is now available directly from the Triple P Algoma website and all Triple P practitioners have access to a locally developed online scoring tool for pre/post evaluation measures.

REBOUND NORTH PROGRAM
ANNUALIZED FUNDING

For the first time in 10 years, Rebound North received approval for annualized funding. The funding was approved by the North East Local Health Integration Network (LHIN) under the Ministry of Health and Long Term Care, following a pilot study across the province of the effectiveness of this youth group.

Prior to this funding, the group operated year-to-year on grants from various sources, primarily the Algoma Family Services Foundation. Rebound North is a staff-facilitated volunteer-run psychoeducational group for adolescents in grades 7 -12, and is a replication of the Sarnia Lambton Rebound model.

The focus of the group is on life skills and social skills such as how to make sound decisions based on facts, how to use drug refusal skills to resist peer pressure, or how to communicate more effectively with friends and parents. The group has provided services to nearly 1500 youth since 2005.
END THE SILENCE ART EXHIBIT 2013

In honour of International Day for the Elimination of Violence Against Women, Algoma Family Services hosted an art exhibit and gala on November 21st, 2013 at the Algoma University Downtown Residence.

The “End the Silence” exhibit was on display from 10:00AM-9:00PM, with the gala portion taking place at 6:00PM. The exhibit featured the work of women survivors of domestic abuse as part of their healing process in the Art Expression group. Their art often symbolizes the journey they experience as they move from hurt to healing.

The gala took place during Midnight Madness on Queen Street and attracted approximately 100 people. A small group of dedicated people including Cheryl Denault, Carol Rouleau, Chera McCutcheon, Tiffany Seibt, Danielle Ayotte, Cathy Macnamara, Jaclynne Hamel, Sally McMinn, and Sue Bryden worked tirelessly to plan and put together this very successful event. Algoma Council on Domestic Violence graciously provided funding for the event.

We are currently in the planning stages for End the Silence Art Exhibit in November 2014; please stay tuned for upcoming dates. Thanks again to Algoma Family Services as well as many of our community partners (Algoma University, Metis Nation of Ontario, Algoma Council on Domestic Violence, Sault Ste. Marie City Council, and many more) for breaking the silence of domestic abuse.
SPECIAL THANK YOU!
ELLIOT LAKE PARTNER RECOGNITION

Our Elliot Lake office on 31 Manitoba Road required extensive renovations in 2013/2014. With almost no notice and very limited ability to collect our office equipment and resources we were forced to move office locations. In the true spirit of Community Partnership, Mike Hukezalie, CEO of St. Joseph’s Hospital in Elliot Lake graciously answered the call and offered up space at his Oaks Centre location.

Without delay, Mr. Ralph Regis, Director of the Oaks Centre offered up his time and staff over a weekend to prepare space for our staff to prevent any lapse in our services to the community of Elliot Lake. We are forever grateful to them and Mrs. Shelley Watt-Proulx, Executive Director of the Counselling Centre of East Algoma for being such great hosts. They did everything possible to make our staff and clients feel welcome at the Oaks Centre during our stay.

In addition, special thanks go out to Mr. Steve Manual, who owns the building next to ours for helping our staff move on such short notice; STEM Engineering; Cantech Construction, and of course our own Elliot Lake staff. Our Board of Directors, Management and Staff wish to thank all of those involved over the past two years. We couldn’t have done it without any of you!

ADVENTURE BASED LEARNING SUMMER DAY CAMP

Each year, Algoma Family Services offers a one week summer day camp experience for children between the ages of 9 –12 years old. By working with local outfitters, children in Sault Ste. Marie, East Algoma and North Algoma are provided with the equipment and expertise to participate in activities that they might not have been able to do at a community camp. Algoma Family Services provides skilled clinical staff for individual support that is sometimes necessary for youth to be successful.

Some of the activities over the past years have included canoeing, kayaking, stand up paddle boarding, hiking, biking and learning a variety of survival skills such as shelter building, orienteering, and how to build a fire. Along with funds made available by the Algoma Family Services Foundation, these activities are provided at no cost to the participants and include lunch, snacks and transportation.

Parents of group participants have noticed that their children feel more confident, have made new friends and feel more comfortable in trying new things after participating in the group.

“My son loved doing the outdoor activities, getting to know the other children and interacting with them. He was unsure at first but by second day was very comfortable with everyone. I thought it was a great opportunity for him to meet new peers and be in the outdoors with them. The program helped everyone who needed an extra bit of guidance.”
FUNDING PARTNERS

Algoma Family Services Foundation

Ministry of Children and Youth Services

Ministry of Community and Social Services

Ministry of Children and Youth Services Youth Justice Services—North Region

Ministry of Community Safety and Correctional Services

Ministry of the Attorney General Family Justice Services Division Supervised Access Program

Ministry of the Attorney General Ontario Victim Services Secretariat—North Region

North East Local Health Integration Network

Public Health Agency of Canada

Breakfast for Learning

Show Kids You Care

Breakfast Clubs of Canada
2013/2014
SERVICE
STATISTICS

FAMILIES BENEFITED FROM SUPERVISED ACCESS PROGRAM

CHILDREN AND ADULTS BENEFITED FROM FAMILY VIOLENCE SERVICES

YOUTH BENEFITED FROM YOUTH SUBSTANCE ABUSE SERVICES

YOUTH BENEFITED FROM YOUTH JUSTICE SERVICES

CHILDREN & YOUTH BENEFITED FROM CHILDREN’S MENTAL HEALTH SERVICES

2,279

55

431

90

83
HOURS OF DIRECT CLIENT SERVICE WAS PROVIDED BY 112 FULL AND PART TIME STAFF IN COMMUNITIES ACROSS THE ALGOMA DISTRICT

TELEPSYCHIATRY CONSULTS WERE FACILITATED

PSYCHOLOGICAL ASSESSMENTS WERE COMPLETED
## REVENUE & EXPENDITURES
### Year ended March 31, 2014

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<thead>
<tr>
<th>Sources of revenue</th>
<th>2014</th>
<th>2013</th>
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<tbody>
<tr>
<td>Government grants</td>
<td>8,160,394</td>
<td>8,155,082</td>
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<td>Government grants - one time</td>
<td>71,400</td>
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<td>Rental income</td>
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<td>10,824</td>
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<tr>
<td>Donations from Algoma Family Services Foundation</td>
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<td>72,337</td>
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<td>Fees</td>
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<td>7,441</td>
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<td>Amortization of deferred capital contributions</td>
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<td>Other</td>
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<td>819,667</td>
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<td><strong>Total</strong></td>
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<td><strong>9,166,472</strong></td>
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<thead>
<tr>
<th>Expenses</th>
<th>2014</th>
<th>2013</th>
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</thead>
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<tr>
<td>Salaries, wages and employee benefits</td>
<td>6,511,090</td>
<td>6,349,537</td>
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<td>Contracted services</td>
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<td>647,747</td>
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<td>Travel and training</td>
<td>291,939</td>
<td>511,081</td>
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<td>Occupancy costs</td>
<td>381,635</td>
<td>353,871</td>
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<td>Program costs</td>
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<td>Amortization</td>
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<td>Office</td>
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<td>Professional fees</td>
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<td>192,491</td>
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<td>Interest on long-term debt</td>
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<td>Memberships</td>
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<td>Advertising and promotion</td>
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<td>26,811</td>
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<td>Insurance</td>
<td>34,626</td>
<td>30,509</td>
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<tr>
<td>Total</td>
<td><strong>8,815,682</strong></td>
<td><strong>9,102,589</strong></td>
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</tbody>
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| Excess of revenue over expenses                          | 9,966         | 63,883        |

*Complete audited financial statements are available upon request*
ANNUAL GROWTH
ANNUAL OPERATING REVENUE

Fiscal Year Ended March 31

SPENDING BY CATEGORY

Administration/Service Infrastructure 20%
Community Partnerships 12%
Youth Substance Abuse 8%
Child & Youth Mental Health 49%
Youth Justice 5%
Family Violence 6%
Algoma Family Services
SERVICES AUX FAMILLES D’ALGOMA

Sault Ste. Marie
(Head Office)
205 McNabb Street
P6B 1Y3
Phone: (705) 945-5050
Fax: (705) 942-9273
Toll Free: 1-800-461-2237
www.algomafamilyservices.org

Sault Ste. Marie
875 Queen Street East
P6A 2B3
Phone: (705) 945-8860
Fax: (705) 949-3873

Elliot Lake
31 Manitoba Road
P5A 2A7
Phone: (705) 848-0790
Fax: (705) 848-1078

Wawa
26 Ste. Marie Street
P.O. Box 1727
P0S 1K0
Phone: (705) 945-8860
Fax: (705) 949-3873